

Assessment and Management of Foot Ulcers for People with Diabetes Nursing Order Set [SAMPLE]	PR#
See Associated Document for Practice Recommendations (PR) The interventions displayed in bold font are supported by the strongest evidence	
Assessment	
<input type="checkbox"/> Obtain a comprehensive health history on admission or initial contact <ul style="list-style-type: none"> A comprehensive health history is required for all clients who present with diabetic foot ulceration Includes a history of presenting illness, past medical history, glycemic control, nutritional status, allergies, medications, family history and psychological well-being. Obtain consult for Dietitian to see, if nutritional deficits identified Associated Documents: Comprehensive Health History Considerations ; Risk Factors for Amputation ; Risk Factors for Ulceration ; Alert: <i>People with diabetic foot ulcers should be identified as high risk for amputation.</i>	1.0
<input type="checkbox"/> Perform physical examination of affected limb(s) on admission or initial contact	1.0
<input type="checkbox"/> Assess foot ulcer(s) using a validated tool on admission or initial contact <ul style="list-style-type: none"> Identify the location and classification of the foot ulcer(s). Measure the length, width and depth of the wound bed using a consistent tool. Assess bed of foot ulcer(s) for exudate, odour, condition of peri-ulcer skin and pain. Associated Documents: University of Texas Diabetic Wound Classification System ; PEDIS: Diabetic Foot Ulcer Classification System ; Clinical Assessment Tool	1.1 1.1 1.1 1.2
Planning	
<input type="checkbox"/> Collaborate with the interprofessional team to determine the potential of the foot ulcer(s) to heal and ensure interventions to optimize healing have been explored. Alert: <i>Moist wound care is not recommended in wounds where complete healing is not the goal.</i> Associated Document: Factors Associated With Poor Healing of Chronic Wounds ; Factors Affecting Healing Potential	2.0
Implementation	
<input type="checkbox"/> Apply pressure redistribution device to foot ulcer(s) Associated Document: Selecting Offloading Devices	3.2
<input type="checkbox"/> Teach about basic foot care and ulcer care <ul style="list-style-type: none"> Assess knowledge of the benefits of pressure redistribution Associated Document: Diabetes, Healthy Feet and You – Brochure ; Tips for Selecting Appropriate Shoes and Socks	3.3
Evaluation	
<input type="checkbox"/> Observe and measure pressure ulcers on an ongoing basis using the PUSH Tool <ul style="list-style-type: none"> Evaluate the percentage of wound healing at 4 weeks. If a 50% reduction in surface area is not achieved in 4 weeks, a comprehensive reassessment of the client and treatment plan should be conducted before advanced healing technologies are considered Associated Documents: Pressure Ulcer Scale for Healing (PUSH) Tool 3.0	4.0

Name: _____ Signature: _____

Designation: _____ Date: _____